



Mental Health Clinician

THE OPPORTUNITY

Nillumbik Community Health Service Pty Ltd, operating as Carrington Health and healthAbility (CHHA), is recognised as an industry leader in the delivery of innovative primary health care services. We have a demonstrated record of working with communities to strengthen the health and wellbeing of the local population. We offer wide ranging, locally delivered community healthcare services in the North Eastern suburbs of Melbourne, with major hubs in Box Hill and Eltham. We are looking for a Mental Health Clinician to join our team.

RESPONSIBILITIES

The Mental Health Clinician will deliver individual and group-based psychological interventions to consumers in the Mental Health Stepped Care program. The Mental Health Clinician will work as a part of the multidisciplinary Stepped Care team using the clinical staging model to assess and deliver evidence-based treatment to consumers. This includes undertaking mental health assessments, developing goals and treatment plans, providing psychological interventions and working with parents/carers/family members and other professionals in a shared care approach.

SKILLS & EXPERIENCE

- A relevant tertiary qualification in social work or psychology
- Current registration with AASW as a Mental Health Social Worker or current registration with AHPRA as a Psychologist
- Possess an empathic, innovative and professional therapeutic style
- Excellent organisation, time management and problem solving skills
- Ability to work within a dual-diagnosis framework with consumers across the lifespan
- Ability to work creatively and safely with consumers from diverse backgrounds, including LGBTIQ, CALD and Aboriginal and Torres Strait Islanders
- Ability to work independently and as part of a multidisciplinary team
- Proficiency with electronic health record systems (such as TrakCare or FIXUS) and Microsoft Office programs (Word, Excel, Outlook and PowerPoint)
- Willingness to expand your current skillset to meet the needs of the service
- Demonstrated experience in mental health assessment, formulation and therapeutic interventions
- Experienced in a range of evidence-based psychological therapies, such as CBT, ACT, mindfulness, motivational interviewing and solution-focussed therapy
- Demonstrated experience and training in clinical risk assessments and implementing risk management plans with consumers

This role will be a fixed term 6 month contract, in a part time capacity of 0.6 FTE.



To view the position description, please go to <https://www.carringtonhealth.org.au/get-involved/careers/>. Any enquiries can be made to Amanda Jenkins, ajenkins@carringtonhealth.org.au

If you meet the criteria and you are looking for a dynamic role during a period of growth and transformation - we'd love to hear from you. Please apply here by submitting a cover letter addressing the key selection criteria with your CV. Thank you for your time and interest and please note, only shortlisted applicants will be contacted directly. "no agencies please"

Closing Date for applications: Friday 15th January 2021.